

SPORT

Level 1 BTEC Diploma Sport with Public Services

Level 2 OCR Cambridge Technical Diploma Sport and Physical Activity

Level 3 BTEC National Extended Diploma Sport

Level 3 BTEC National Extended Diploma Sport Science



Whether you want to enhance your sporting expertise, maximise your coaching ability, or improve your officiating skills, we can help you at our Centre of Excellence in Sport. You will develop an understanding of the sporting infrastructure from grassroots through to elite level and

what makes the UK one of the top sporting nations in the world.

You will have access to a multimillion pound sporting complex at Leigh Sports Village, which includes a swimming pool, gymnasium, athletics stadium and 3G AstroTurf pitches.

We have recognised Sports Academies in Football, Netball, Rugby League and Sports Leaders UK.

You will be encouraged to lead an active and healthy lifestyle and get involved in our sports teams, whether your interests are in football or rugby.

COURSE FEATURES

- World class multimillion pound facilities at Leigh Sports Village.
- Experienced tutors with professional sporting backgrounds.
- Enhancement qualifications including VTCT Level 3 Diploma in Sports Massage Therapy and up to Level 3 Sports Leaders Award.
- Winning College sports teams in rugby and football.
- International travel opportunities.
- Four hours professional coaching a week included in timetable.
- Bespoke strength and conditioning programme.

100%
PASS RATE

WHAT WILL I STUDY?

LEVEL 1 - You will develop the skills and knowledge to plan fitness regimes and assist in leading activities and sessions.

LEVEL 2 - You will study: Anatomy and Physiology for Sport; Sports Coaching; Fitness Testing and Training; Planning and Running a Sport Event; Practical Sports Performance; and Equality and Diversity in Sport.

LEVEL 3 - You will develop your knowledge in: Anatomy for Sport and Exercise; Sport and Exercise Physiology; Sport and Exercise Psychology; Fitness Testing for Sport and Exercise; and Analysis of Sport Performance.

On the **Level 3 Extended Diploma in Sport** you will study: Sports Coaching; Practical Team and Individual Sports; Current Issues in Sport; and Instructing Physical Activity.

On the **Level 3 Extended Diploma in Sport Science** you will also study: Research Methods for Sport and Exercise Science; Sports massage; and Biomechanics in Sport and Exercise Science.

CAREER PROSPECTS

- Senior coaches employed by National Governing Bodies (NGBs) or professional sports clubs earn £30,000 to £35,000.
- A fully qualified Sport Scientist with a degree, working at a high level of competitive sport, can earn more than £100k on average a year.

Other careers include:

- Athlete - from £22k - £35k a year
- Performance analyst £20k - £60k
- Personal trainer £14k - £30k
- Physiotherapist £27k - £67k
- Professional sports person - variable depending on sport
- Sport nutritionist £22k - £55k
- Sport psychologist £20k to £48k
- Teacher £28k - £39k.

COURSE LENGTH

Levels 1 and 2 courses are full-time for one academic year.

Level 3 are full-time for two academic years.

HOW WILL I BE ASSESSED?

Through written and practical assessments, delivery of leadership and coaching sessions, presentations and formal external examinations. There are no exams at **Level 1**.

WHAT CAN I PROGRESS TO?

You may progress from **Level 1** through to **Level 3**.

Following completion of **Level 3**, you may progress to the HND Sport and Exercise Science at the University Centre Wigan & Leigh College, study a sport related degree at university, or secure employment.

If you have any queries please contact our Admissions Team: **01942 761 111** or email: applications@wigan-leigh.ac.uk