

# Children and Young People's Mental Health

Mental health problems affect around 1 in 10 children and young people. These issues include depression, anxiety and conduct disorder and can often be a direct response to occurrences in their lives. Emotional wellbeing is just as important as a child's mental health; therefore it is important for those working with children and young people to have a good understanding of the concepts, risk factors and impact of mental health.



## What you will learn

- Unit 1 Understand Children and Young People's Mental Health in Context
- Unit 2 Understand Factors which may Affect Children and Young People's Mental Health
- Unit 3 Understand Children and Young People's Mental Health Concerns
- Unit 4 Understand the Impact of Children and Young People's Mental Health Concerns
- Unit 5 Understand how to Support Children and Young People with Mental Health Concerns

## Benefits

- Achieve a nationally recognised Level 2 qualification
- Evidence your competency to employers
- Further your personal and professional development
- Gain an understanding of risk factors which may affect the mental wellbeing of children and young people
- Learn at a time that suits you without the need to attend college.



**Available  
fully funded**

**To find out more about this qualification, please contact:**

Call: 01942 761600 | Email: [applications@wigan-leigh.ac.uk](mailto:applications@wigan-leigh.ac.uk) | Visit: [www.wigan-leigh.ac.uk](http://www.wigan-leigh.ac.uk)