Counselling Skills



Many people find it helpful to seek the support of counselling at some point in their lives. People in any situation could benefit from counselling; those with the correct understanding, knowledge and skills can provide them with support to improve personal well-being.



What you will learn

Unit 1	Diversity and Ethics in the Use of
	Counselling Skills

- Unit 2 Introduction to Counselling Skills
 Theories
- Unit 3 Counselling Skills and Personal Development
- Unit 4 Using Counselling Skills

Benefits

- Achieve a nationally recognised Level 2 qualification
- Evidence your competency to employers
- Further your personal and professional development
- Learn at a time that suits you without the need to attend college
- Improve your understanding of how counselling skills work



