SPORT SCIENCE

Level 3 BTEC National Extended Diploma Sport Science



COURSE FEATURES

- World class multimillion pound facilities at Leigh Sports Village.
- Nationally recognised Sports Academies for football, rugby league and sports leaders.
- 100% PASS RATE
- Experienced tutors with professional sporting backgrounds.
- Work with local athletes.
- Specialist sport development programmes.
- · Community work on Wigan 10k race.
- Work with universities including Edge Hill and UCLan.
- · Annual international trips.
- Enhancement qualifications including VTCT Level 3 Diploma in Sports Massage Therapy and up to Level 3 Sports Leaders Award.

COURSE LENGTH

The course is full-time for two academic years.

HOW WILL I BE ASSESSED?

The course is a mix of internally assessed assignments and projects, as well as four external exams in physiology, anatomy, psychology and nutrition.

CAREER PROSPECTS

A fully qualified Sports Scientist with a degree, working at a high level of competitive sport, can earn up to £60,000 a year.

- Other careers include:
- Athlete
- Performance analyst £20k £60k
- Personal trainer £14k £30k
- Physiotherapist £27k £67k
- Professional sports person
- Sport nutritionist £22k £55k
- Sport psychologist £20k £48k
- Teacher £28k £39k.

This academic course is for those who want to learn more about the science behind sport and exercise.

You will have access to a multimillion pound sporting complex at Leigh Sports Village, which includes a swimming pool, gymnasium, athletics stadium and 3G AstroTurf pitches.

You will be encouraged to lead an active and healthy lifestyle and get involved in our sports teams, whether your interests are in football or rugby.

WHAT WILL I STUDY?

A scientific approach to sport examining a variety of aspects that contribute to performance. How the body works in relation to exercise as part of applied physiology.

Sports injuries - to understand and carry out effective diagnosis, treatment and rehabilitation.

The mind of the performer in sports psychology and how to fuel the body in sports nutrition.

You may study the **Level 3 VTCT Sports Massage** course as an additional free qualification, learning massage techniques and how to test the body for injuries.

WHAT CAN I PROGRESS TO?

You may progress to the HND Sport and Exercise Science at the University Centre Wigan & Leigh College, a related university degree elsewhere, or secure employment in the sports science industry.



If you have any queries please contact our Admissions Team: 01942 761 111 or email: applications@wigan-leigh.ac.uk

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